



MAHATMA GANDHI UNIVERSITY, KERALA

Abstract

Bachelor of Physical Education and Sports (Honours) - Fifth Semester - Modifications to the Course Outcomes, Course Content and duration for End Semester Evaluation - Approved - Orders Issued.

ACA 16

No. 5561/ACA 16/2026/MGU

Priyadarsini Hills, Dated: 02.06.2026

Read:- 1. U.O.No.5797/AC A16/2024/MGU, dated.27.06.2024.

2. Minutes of the meeting of the Expert Committee on Physical Education (UG)
4. Orders of the Vice Chancellor under Section 10 (17), Chapter III of the Mahatma Gandhi University Act 1985, dated 31.05.2026.

ORDER

The syllabi of various Honours Under Graduate Programmes coming under The MGU-UGP (Honours) Regulations, 2024, have been approved vide paper read as (1) above and published on the website of the University.

The Expert Committee on Physical Education (UG), deliberated on modifying the **Course Outcomes, Course Content and duration for End Semester Evaluation** of the **DSE and SEC** type courses in the **Fifth Semester** syllabus of **Bachelor of Physical Education and Sports (Honours)** programme and has submitted recommendations, vide paper read as (2) above.

(Recommendations are attached as Annexure).

Considering the urgency of the matter, sanction has been accorded by the Vice Chancellor, in exercise of the powers of the Academic Council vested upon him under Section 10(17), Chapter III of the Mahatma Gandhi University Act 1985, vide paper read as (3) above, to approve the aforementioned recommendations.

Hence, the **Course Outcomes, Course Content and duration for End Semester Evaluation** of the said courses in the **Fifth Semester** syllabus of **Bachelor of Physical Education and**

Sports (Honours) programme stands modified to this extent.

Orders are issued accordingly.

SIJI ANNA KURIEN

ASSISTANT REGISTRAR III
(ACADEMIC)
For REGISTRAR

Copy To

1. PS to VC
2. PA to Registrar/CE
3. Convenor, Expert Committee, Physical Education (UG)
4. JR 2 (Admin)/DR 2, AR 3 (Academic)
5. JR/DR/AR (Exam)
6. Tabulation/Academic Sections concerned
7. AC C1/AC C2 Sections
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File No. 29696/AC A16-1/2026/AC A16

Forwarded / By Order

Section Officer

The document is digitally approved. Hence signature is not needed.

ANNEXURE

SEMESTER V

Course Name : Biochemistry of Exercise

Course Code : MG5DSEPES300

Course Name	Biochemistry of Exercise (Modified)	Page No. 96
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Course Content (Content for classroom transaction (units))

Module	Units	Course Description	Hours (Modified)	CO.No (Modified)	Page No.
1	1.1	No Change	No Change	No Change	97-98
	1.2		6		
	1.3		6		
2	2.1	No Change	4	No Change	
	2.2		6		
	2.3		5		
	2.4		No Change		
3	No Change				
4	No Change				
5	Teacher Specific Content				

Mode of Assessment

	Page No.
End Semester Evaluation	
Theory Total Marks: 70	99
Duration: 2 hrs (Modified)	

Course Name : Competition Administration in Sports and Games
Course Code : MG5DSEPES302

Course Outcomes

CO.No.	Expected Course Outcome	Learning Domains	PO.No	Page No.
1	No Change	No Change	No Change	107-108
2				
3				
4				
5				
6				
7	Removed			
8	Removed			

Course Content
(Content for classroom transaction (units))

Module	Units	Course Description	Hours	CO.No (Modified)	Page No.
1	1.1	No Change	No Change	No Change	108-109
	1.2			1,2	
	1.3			1,2,3	
2	2.1	No Change	No Change	No Change	
	2.2			No Change	
	2.3			No Change	
3	3.1	No Change	No Change	5,6	
	3.2			No Change	
	3.3			No Change	
4	4.1	No Change	No Change	No Change	
	4.2			No Change	
	4.3			No Change	
5		Teacher Specific Content			

Mode of Assessment

	Page No.
End Semester Evaluation	
Theory Total Marks: 70	109
Duration: 2 hrs (Modified)	

Course Name : Recovery and Wellness

Course Code : MG5DSEPES304

Course Outcomes

CO.No.	Expected Course Outcome	Learning Domains (Modified)	PO.No	Page No.
1	No Change	K,U	No Change	114
2		K,U		
3		A,S,U,K		
4		No Change		
5				

Course Content

(Content for classroom transaction (units))

Module	Units	Course Description	Hours (Modified)	CO.No (Modified)	Page No.
1	1.1	No Change	3	No Change	115
	1.2		No Change		
	1.3		3		
	1.4		3		
2	2.1	No Change	3	2,5	
	2.2		No Change	No Change	
	2.3		3		
	2.4		No Change		
3	3.1	No Change	10	No Change	
	3.2		10		

4	4.1	No Change	No Change	No Change	
	4.2				
	4.3				
5		Teacher Specific Content			

Mode of Assessment

		Page No.
End Semester Evaluation		
Theory		116
Total Marks: 70	Duration: 2 hrs (Modified)	

Course Name : Fundamentals of Track and Field

Course Code : MG5SECPES300

Course Content

(Content for classroom transaction (units))

Module	Units	Course Description	Hours	CO.No (Modified)	Page No.
1	1.1	No Change	No Change	No Change	121
	1.2				
	1.3				
	1.4				
	1.5				
	1.6			5	
2	2.1	No Change	No Change	No Change	121
	2.2				
	2.3				
	2.4				
	2.5				
	2.6			7	
3	3.1	No Change	No Change	No Change	121
	3.2				
	3.3			5	
4		Teacher Specific Content			

Mode of Assessment

	Page No.
Continuous Comprehensive Assessment (Typographical error corrected)	
End Semester Evaluation	
Theory Total Marks: 35	122
Duration: 1 hr (Modified)	
Practical Total Marks: 35	