

Kottayam, Kerala

Undergraduate Programmes (HONOURS) 2024 Admission Onwards

			SYLLABUS						
		SIGN	ATURE COURSE						
Name of the College	B.C.M. College, Ko	C.M. College, Kottayam							
Faculty/ Discipline	Food Science and	Quality Control	NIDA						
Programme	BSc (Hons) Food S	cience and Qua	ality Control						
Course Coordinator	Rittu Susan Babu								
Contributors	///>	1/4							
Course Name	INTRODUCTION TO	ONBOARD FO	OD SERVICE SYST	TEMS					
Type of Course	DSE								
Specialization title	On Board Food Se	rvice Systems		77 / 65					
Course Code	MG3DSEFSQA00								
Course Level	200								
Course Summary	Course on onboard and beverage ope space crafts . In its opportunities of pr demographics.	rations on varions introductory p	ous modes of tran phase students wi	sportation, includi	ng airlines, train unique challenge	es and			
Semester	3 / 6		Credits	35.6	4	Tabal Herrin			
Carries Datails	Learning	Lecture	Tutorial	Practical	Others	Total Hours			
Course Details	Approach	4	0	0	0	60			
Pre-requisites, if any	1101		////			!			

Course Outcomes (CO)

	Number of COs	4			
CO No.	Expected Course Outcome	Learning Domains *	PO No		
1	Understanding the different types of onboard food service operations (e.g., airlines, cruise ships, trains).	U	PO1, PO10		
2	Understand food safety and sanitation standards relevant to onboard service.	U	PO1, PO3, PO10		
3	Understanding of basic culinary techniques and food preparation methods.	U	PO1, PO3, PO10		
4	Analyze relevant regulations and policies related to food service on board.	AN	PO1, PO3, PO10		

^{*}Remember (K), Understand (U), Apply (A), Analyse (An), Evaluate (E), Create (C), Skill (S), Interest (I) and Appreciation (Ap)

CO-PO Articulation Matrix

CO/PO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10
CO 1	1	-	-	-	-	-	-	-	-	2
CO 2	1	-	2	-	-	-	-	-	-	2
CO 3	1	-	2	-	-	-	-	-	-	2
CO 4	1	-	2	-	-	-	-	-	-	2

^{&#}x27;0' is No Correlation, '1' is Slight Correlation (Low level), '2' is Moderate Correlation (Medium level) and '3' is Substantial Correlation (High level).

Course Content

Module	Units	Course Description	Hrs	CO No.
	Introdu	ction to Onboard Food Service		•
1	1.1	Definition, History and Evolution of Onboard Food Service, Purpose and Importance	4	["1"]
1	1.2	Types of Onboard Catering Services (flight, railway, cruise, space).	4	["1"]
	1.3	The Role of Food Service in the Travel Experience.	3	["1"]
	Flight F	ood Service Systems	·	
	2.1	Airline Catering Operations (preparation, storage, distribution).	4	["2"]
2	2.2	Onboard Food Service Equipment and Procedures.	3	["2"]
	2.3	Special Needs and Dietary Requirements in Flight.	3	["2"]
	2.4	Food Safety and Hygiene Standards in Flight.	3	["2"]
	Railwa	y Food Service Systems	·	
	3.1	Railway Catering Operations (terminal and onboard).	4	["3"]
3	3.2	Pantry Car Service and Equipment.	3	["3"]
	3.3	Menu Planning and Adaptation for Railway Travel.	4	["3"]
	3.4	Vending and Mobile Food Service Systems	3	["3"]
	Cruise	Liner and Space Food Service Systems		
	4.1	Cruise Ship Catering Operations (dining rooms, buffets, specialty restaurants).	4	["4"]
	4.2	Food Service Management on a Cruise Ship	4	["4"]
4	4.3	Hygiene and Sanitation Standards in Cruise Settings	4	["4"]
	4.4	Unique Challenges of Space Food Service.	3	["4"]
	4.5	Food Storage and Packaging for Space.	3	["4"]
	4.6	Dietary Considerations for Astronauts	4	["4"]

Teaching and Learning Approach

Classroom Procedure (Mode of transaction)

Classroom Procedure (Mode of transaction) Module 1,2,3&4- Lecturing, ICT Enabled

MODE OF ASSESSMENT

Mode of Assessment: Theory

A. Continuous Comprehensive Assessment (CCA) • Theory - 30 Marks

Assignment / Viva / Seminar

Assessment Types

B. End Semester Evaluation (ESE) • Theory - 70 Marks

Assessment Methods - Theory
Duration of Examination - 2.00 Hrs
Pattern of examination for Theory - Non-MCQ
Different parts of written examination - Part - A , B , C
Answer Type:

PART - AMCQ - (20 out of 20) - 20 × 1 = 20

PART - B
 Short answer - (6 out of 8) - 6 x 5 = 30

PART - CEssays - (2 out of 4) - 2 × 10 = 20

References

• 1. Jones, P. (2015). Food and Beverage Management on Ships. (1st Ed) Routledge 2. Walker, J.R. (2017) The restaurant: From concept to operation. John Wiley & Sons. 3. Wild , P. (2019), Cruise ship food service: Operations and Management. (1st Ed), CABI

Suggested Readings

• 1. Jones, P. (2015). Food and Beverage Management on Ships. (1st Ed) Routledge 2. Walker, J.R. (2017) The restaurant: From concept to operation. John Wiley & Sons. 3. Wild, P. (2019), Cruise ship food service: Operations and Management. (1st Ed), CABI

Affidavit

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 Systems in the event of the unavailability of the currently nominated coordinator. This appointment will ensure the
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Programme	BSc (Hons) Food S	cience and Qu	ality Control					
Course Coordinator	Rittu Susan Babu							
Contributors		1/4						
Course Name	IN FLIGHT FOOD S	ERVICE SYSTE	М					
Type of Course	DSE							
Specialization title	On Board Food Se	rvice Systems						
Course Code	MG4DSEFSQA00							
Course Level	200							
Course Summary	Provides an overvi practical aspects a catering procedure	and challenges	of providing mea	ls on board. covers	topics such as i			
Semester	4		Credits		4	Total Hause		
Course Dataile	Learning	Lecture	Tutorial	Practical	Others	Total Hours		
Course Details	Approach	4	0	0	0	60		
Pre-requisites, if any			•		10	•		

Course Outcomes (CO)

	Number of COs	4		
CO No.	Expected Course Outcome	Learning Domains *	PO No	
1	Understanding the different types of in flight service (e.g., business class, economy class) and how to adapt service styles accordingly.	U	PO1, PO3, PO10	
2	Explain the principles of food safety and hygiene in an in flight setting.	U	PO1, PO3, PO10	
3	Compare and contrast different in flight food service models	А	PO1, PO3, PO10	
4	Evaluate the effectiveness of various in flight food service strategies based on industry standards and customer satisfaction.	E	PO1, PO3, PO10	

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CO-PO Articulation Matrix

CO/PO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10
CO 1	1	-	2	-	-	-	-	-	-	2
CO 2	1	-	2	-	-	-	-	-	-	2
CO 3	1	-	2	-	-	-	-	-	-	2
CO 4	1	-	2	-	-	-	-	-	-	2

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Course Content

Module	Units	Course Description	Hrs	CO No.			
	Introdu	ection to Inflight Food Service	•	•			
	1.1	Overview of the Inflight Food Service Industry: History and evolution of inflight catering. Types of airlines and their food service standards. Regulatory frameworks and safety standards.	5	["1"]			
1	1.2	Impact of food service on passenger experience. Contribution to airline revenue and customer loyalty Ethical considerations and social responsibility.	5	["1"]			
	1.3	Understanding the flight crew's role in food service, The importance of food service in different flight types, Basic knowledge of food service equipment	5	["1"]			
	Inflight	Food Preparation and Handling					
	2.1	Food Safety and Hygiene in Inflight Operations:, proper food storage and temperature control., hygiene protocols for food handlers., food safety certifications and standards	5	["2"]			
2	2.2	Understanding different menu types and dishes.,preparation techniques for hot and cold foods ,safe handling of food ingredients and equipment.	5	["2"]			
	2.3	Types of kitchen equipment used on board., ,maintenance and cleaning procedures for inflight equipment, understanding catering trucks and their functions.	5	["2"]			
	Inflight	Service Operations					
	3.1	Developing menus that cater to different passenger needs., understanding dietary restrictions and allergies, creating visually appealing and informative menus	5	["3"]			
3	3.2	Proper techniques for serving food and beverages, effective communication and interaction with passengers, handling complaints and addressing customer concerns.	5	["3"]			
	3.3	Emergency procedures and safety regulations., fire prevention and safety equipment., first aid and basic medical care for food service.	5	["3"]			
	Food S	ervice Management and Quality Control		-			
	4.1	Developing and implementing menus that meet customer needs., Cost analysis of different menu items., Strategies for managing food costs.	5	["4"]			
4	4.2	Ensuring food quality and freshness., monitoring food service performance. ,implementing corrective action plans.	5	["4"]			
	4.3	Identifying and resolving food service issues. ,managing equipment malfunctions, understanding common challenges in inflight food service.					

Teaching and Learning Approach Classroom Procedure (Mode of transaction) Module 1,2,3 &4- Lecturing, ICT Enabled MODE OF ASSESSMENT Mode of Assessment: Theory A. Continuous Comprehensive Assessment (CCA) • Theory - 30 Marks Assignment / Viva / Seminar

Assessment Types

• Theory - 70 Marks

Assessment Methods - Theory
Duration of Examination - 2.00 Hrs
Pattern of examination for Theory - Non-MCQ
Different parts of written examination - Part - A , B , C

Answer Type:

• PART - A

• MCQ - (20 out of 20) - 20 × 1 = 20

• PART - B

• Short answer - (6 out of 8) - 6 × 5 = 30

• PART - C

• Essays - (2 out of 4) - 2 × 10 = 20

B. End Semester Evaluation (ESE)

References

• 1. Meyer,D.(2018). Inflight Catering: A practical guide (1st ed).Routledge 2. Jonas ,P.(2015). Food and Beverage Management in the Hospitality Industry(3rd Edition). Routledge 3. Sloan A.E.(2019). Food and Nutrition for a healthy Life. Implications for airline catering. CRC Press.

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Faculty/ Discipline	Food Science and	Quality Contro	MIND						
Programme	BSc (Hons) Food S	cience and Qu	ality Control						
Course Coordinator	Rittu Susan Babu								
Contributors									
Course Name	RAILWAY FOOD SE	RVICE SYSTEM							
Type of Course	DSE			// Alina					
Specialization title	On Board Food Ser	vice Systems		777 65					
Course Code	MG5DSEFSQA00								
Course Level	300								
Course Summary	preparation, distrib	oution, and quant and policies, hy	ality control withing giene standards,	systems and covers n the railway conte customer satisfact Jian Railways	xt. It delves into	topics like			
Semester	5	PARTY OF	Credits		4	Tatalilla			
Course Date!	Learning	Lecture	Tutorial	Practical	Others	Total Hours			
Course Details	Approach	4	0	0	0	60			
Pre-requisites, if any		1			·				

Course Outcomes (CO)

	Number of COs	4		
CO No.	Expected Course Outcome	Learning Domains *	PO No	
1	Understand different types of onboard food service operations (e.g., meal service, beverage service, snack service) and their associated practices	U	PO1, PO3, PO10	
2	Identify different types of onboard food service operations (e.g., meal service, beverage service, snack service) and their associated practices.	U	PO1, PO3, PO10	
3	Comprehend the importance of food safety and hygiene in onboard food service operations, including the role of HACCP and other food safety standards	А	PO1, PO3, PO10	
4	Analyze different onboard food service systems and their suitability for different types of trains and passenger needs	AN	PO1, PO3, PO10	

^{*}Remember (K), Understand (U), Apply (A), Analyse (An), Evaluate (E), Create (C), Skill (S), Interest (I) and Appreciation (Ap)

CO-PO Articulation Matrix

CO/PO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10
CO 1	1	-	2	-	-	-	-	-	-	2
CO 2	1	-	2	-	-	-	-	-	-	2
CO 3	1	-	2	-	-	-	-	-	-	2
CO 4	1	-	2	-	-	-	-	-	-	2

^{&#}x27;0' is No Correlation, '1' is Slight Correlation (Low level), '2' is Moderate Correlation (Medium level) and '3' is Substantial Correlation (High level).

Course Content

Module	Units	Course Description	Hrs	CO No.
	Food S	ervice Management in Railway	•	•
	1.1	Overview of food service industry, types of food service operations in railways.	5	["1"]
1	1.2	Organisational structure and management of food service units.	4	["1"]
	1.3	Food purchasing and inventory management.	4	["1"]
	1.4	Cost control and budgeting in railway food service	3	["1"]
	Food P	roduction & Preparation		
	2.1	Basic food preparation techniques, including cooking methods.	4	["2"]
2	2.2	Equipment used in railway food production	3	["2"]
	2.3	Menu planning for train catering, including seasonal and special diets.	4	["2"]
	2.4	Food preservation and storage techniques relevant to train catering.	4	["2"]
	2.5	IRCTC Mandate	2	["2"]
	Food H	ygiene & Safety	•	•
	3.1	Food safety and hygiene standards in railway food service.	4	["3"]
3	3.2	Cleaning and sanitization procedures for kitchen equipment and surfaces.	3	["3"]
	3.3	Handling foodborne illnesses and implementing emergency protocols.	4	["3"]
	3.4	Quality control measures for food safety in railway food service	3	["3"]
	Custon	ner Service & Operations		•
	4.1	Customer service skills and techniques in food service	3	["4"]
4	4.2	Train catering operations and service standards	4	["4"]
	4.3	Handling customer complaints and resolving issues.	3	["4"]
	4.4	Understanding passenger preferences and adapting service accordingly	3	["4"]

Teaching and Learning Approach

Classroom Procedure (Mode of transaction)

Module 1,2,3&4- Lecturing, ICT Enabled

MODE OF ASSESSMENT

Mode of Assessment: Theory

A. Continuous Comprehensive Assessment (CCA) • Theory - 30 Marks

Assignment / Viva / Seminar

Assessment Types

B. End Semester Evaluation (ESE) • Theory - 70 Marks

Assessment Methods - Theory
Duration of Examination - 2.00 Hrs
Pattern of examination for Theory - Non-MCQ
Different parts of written examination - Part - A , B , C
Answer Type:

• PART - A

 \circ MCQ - (20 out of 20) - 20 \times 1 = 20

• PART - B

• Short answer - (6 out of 8) - $6 \times 5 = 30$

• PART - C

• Essays - $(2 \text{ out of } 4) - 2 \times 10 = 20$

References

• 1. Agarwal, O.P. (2018). Railway Catering: A comprehensive guide. Notion Press 2. Kumar ,S. (2020). Food and Beverage Service in Indian Railways. Blue Rose Publishers 3. Sarkar , A.K. (2019). Railway Food Service: Operations and Management. Lambert Academic Publishing

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Faculty/ Discipline	Food Science and Quality Control								
Programme	BSc (Hons) Food Science and Quality Control								
Course Coordinator	Rittu Susan Babu								
Contributors									
Course Name	CRUISE LINERS AN	CRUISE LINERS AND SPACE CRAFT FOOD SERVICE SYSTEM							
Type of Course	DSE	DSE							
Specialization title	On Board Food Ser	On Board Food Service Systems							
Course Code	MG6DSEFSQA00								
Course Level	300								
Course Summary	for providing food	service in thes e populations,	e environments. I sanitation standa	vould cover the unit it would delve into irds, and waste man ch environment.	topics like menu	ı planning,			
Semester	6	Credits			4	Tabal Harris			
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	Total Hours			
		4	0	0	0	60			
Pre-requisites, if any			!	'	!	!			

Course Outcomes (CO)

	Number of COs	4		
CO No.	Expected Course Outcome	Learning Domains *	PO No	
1	Gain knowledge of various cuisines and learn essential culinary techniques relevant to large-scale food production in railways and space crafts	U	PO1, PO3, PO10	
2	Understand the efficient organization and workflow of a galley (kitchen) on a cruise ship or spacecraft, including equipment, layout, and staffing. managing kitchen operations, including staffing, scheduling, and maintenance and sanitary procedures	U	PO1, PO2, PO10	
3	Apply safety procedures and emergency response protocols related to food service operations, including fire safety and food poisoning incidents.	А	PO1, PO3, PO10	
4	Design and adapt recipes to meet the needs of diverse groups and dietary restrictions while considering resource constraints.	AN	PO1, PO3, PO10	

MGU-UGP (HONOURS)

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CO-PO Articulation Matrix

CO/PO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10
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Course Content

Module	Units	Course Description	Hrs	CO No.
	Cruise	Ship Food Service Operations	•	•
	1.1	Cruise Ship Dining Concepts and Types (formal, informal, specialty dining).	2	["1"]
1	1.2	Menu Planning and Development (catering to diverse passenger profiles).	3	["1"]
	1.3	Food Production and Handling on Board (storage, preparation, safety).	2	["1"]
	1.4	Shipboard Service Standards and Protocols (waiter service, banquet service).	3	["1"]
	1.5	Food Waste Management and Sustainability on Cruise Ships	3	["1"]
	Spaced	rraft Food Service Systems		
2	2.1	Spacecraft Food System Design and Technology (rehydratable foods, modular meals).	3	["2"]
	2.2	Food for Space Exploration Missions (nutrient needs, mission duration).	3	["2"]
	2.3	Space Food Production and Packaging (space-friendly food systems).	3	["2"]
	2.4	Special Considerations for Astronaut Nutrition (impact of spaceflight on diet).	3	["2"]
	2.5	Space Waste Management and Recycling in Space	2	["2"]
	Specia	lization in Food Production and Sanitation		
3	3.1	Food Safety and Hygiene Standards (HACCP principles).	3	["3"]
	3.2	Food Preparation Techniques (cooking methods, culinary skills).	3	["3"]
	3.3	Food Preservation and Storage (refrigeration, freezing).	3	["3"]
	3.4	Food and Beverage Menu Engineering (price point, popularity	3	["3"]
	3.5	Food Cost Control and Inventory Management	3	["3"]
	- Food	Service Management and Technology	•	
4	4.1	Cruise Ship Food Service Organization (staffing, workflow).	3	["4"]
	4.2	Food Service Packaging Technology	3	["4"]
	4.3	Customer Service and Complaint Handling (passenger feedback).	4	["4"]
	4.4	Food Service Quality Control and Assurance (standards, inspections	4	["4"]
	4.5	Food Service Trends and Innovations (new cuisines, sustainable practices).	4	["4"]

Classroom Procedure (Mode of transaction)

Module 1,2,3 &4- Lecturing, ICT Enabled

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